Google Play store application

you have a tier list A\*-F typically A-C

where at the end of your day you can state

how different events went.

E.G for showering.

A-Cold shower

B-Shower

C-No Shower

to build good habits

and give insights on how you are doing

keep you motivated to streak

but also keep track of your mental state

use android studio

use this guide

<https://developer.android.com/guide>